

St James / Seton Athletic Coaching Guidelines

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|----------------|-----------------------|-------|---------------|
| Last Name | First Name | MI | |
| Street Address | City | State | ZIP |
| Home Phone | Cell/Emergency Number | | Email Address |

Sport Coached: Football Volleyball Basketball Track
(Please Circle all that apply)

SJS Coaching Responsibilities

Your role as a youth coach is of great importance. As such, your actions have the potential to significantly influence the young athletes that you will soon be coaching. Therefore, it is your responsibility to conduct yourself in accordance with the following coaching guidelines:

- Attend the required “Protecting All God’s Children” (required every 3 years) and “First Aid” refresher training classes (required every year) offered by the SJS Athletic Association before your season begins. Attendance at these sessions is a mandatory prerequisite to coaching at SJS.
- Lead by example, demonstrating fair play and sportsmanship to all players and officials.
- Conduct practices so that all players have the opportunity to improve their skill level through participation.
- Be sensitive and supportive to all athletes, never verbally degrading them nor denying them necessities.
- Know, understand, and support the SJS Athletic Association policies for student athlete academic and behavioral expectations.
- Never yell at nor harass any official or opposing team member, nor allow players to do likewise.

Fifth and sixth grade leagues are considered developmental; therefore fundamentals of the sport should be the focus of your practice activities. Do your best to get all players "adequate" playing time, realizing that “adequate” cannot always be necessarily "equal" playing time for each game. This is to be followed to the best of your ability unless the player is not eligible pursuant to the SJS Academic and Conduct Guidelines or the player has unexcused missed practices. These circumstances require communication with the athlete, parent, and Athletic Director (in extreme situations). The fifth and sixth grade years are considered a learning and developmental year, therefore it is the goal of the Saint James / Seton Athletic Program that players should receive as close to equal playing time as is reasonably and "coachably" possible throughout the season. Recreational seventh and eighth grade teams will also follow these recreational guidelines, with the exception of PAL-sponsored tournaments.

One fifth, sixth, seventh and eighth grade team will be placed in a competitive bracket. However, it is understood that the youth of Saint James / Seton who have signed up to participate present themselves at all levels of skill in the game. Therefore, coaches must take an active role in teaching all players at practice sessions. In game situations, it is the goal of the Saint James / Seton Athletic Program that all players play at least four to five minutes in every game for Basketball and Football, and at least one full game in a three-game set for Volleyball. In track meets, participation will be at the discretion of the Coach. It is recommended that every athlete enrolled in the track program have a role with the team.

Athletes will not be allowed to practice or compete without all required documents having been completed and submitted.

Practices

All athletes must enter the gymnasium through the Larimore Street doors for practice. Do **NOT** allow students to prop open the outside door. If students are sent to answer the buzzer, they should be instructed that if they do not recognize the individual(s), they should not be allowed to enter into the gym. Building Security is extremely important. After the last team practice for the day, please make sure:

- All windows are shut and locked.
- Lights have been shut off
- Door is shut and cannot be opened from the outside.
- Coaches will remain at practice until all players are safely on their way home.

I have read, understand, and will abide by the SJS Coaching Guidelines above. I also have read and understand the student Academic/Conduct Policy set forth by the Saint James / Seton Athletic Association.

Coach's signature